



CAPE MAY COUNTY COMPOSITE SQUADRON

CIVIL AIR PATROL • UNITED STATES AIR FORCE AUXILIARY
North East Region • New Jersey Wing • NJ009
Semper Vigilans • Always Vigilant



Volume 4 Issue 6

JUNE 1, 2010

A Shore Thing

Commander's Corner



Major Kevin L. Barstow, Sr
COMMANDER, NER NJ-009

As Memorial Day approaches I want you to remember that Memorial Day is more than a day off from work where we can hold barbecues and head for the shopping mall to buy stuff that is put on sale. Memorial Day is a day in which we should remember our nation's valiant soldiers who, since the founding of this great nation, went in harm's way to protect our nation, our citizens, and our way of life. We owe these men and women a debt that we can never fully repay. It has been said that, "Freedom is not free!" Freedom has been paid for with the blood, sweat, and tears of our men and women in uniform. All too many laid down their lives, knowing full well the dangers they accepted in performing their duties for our nation. Others have returned with debilitating injuries, physical, emotional or both, for having defended our nation and our people.

I would ask that in addition to keeping them in your thoughts and prayers and making contributions to various charities that support these American heroes, that you honor them, their valor and, all too often, their sacrifices in another way. You must be the best American that you can! By taking our responsibilities as seriously as have our soldiers, we will honor our soldiers, our law enforcement officers and our firefighters- all of our fellow Americans who put their lives on the line for all of us and, all too often make the "ultimate sacrifice" to protect us, our families and our nation in the most important manner possible, but practicing the tenets of democracy that they have defended for all of us. Certainly we should keep our soldiers and their families in our thoughts and our prayers. But we most certainly should also honor their valor and sacrifices by becoming the best possible practitioners of democracy each and every day! You are either part of the solution or you are a part of the problem! Democracy is not a spectator sport!

As school is winding down to another close to the school year, it is time to relax and take a short break from your hard work. Remember to take time out for yourself and your family, keep in mind though, you have a CAP family here at the squadron. Keep on top of your CAP studies and promotions, now is the perfect time to get those needed tests out of the way, the courses you need to go out on Training and Real Missions, and to keep your mind and bodies sharp. Summer can be fun, but it also a time to advance and get to go to different places and see what the world has to offer you

when you graduate and become adults. Take a moment to relax, catch your breath, then get into your CAP studies and get promoted this summer, because the summer won't last too long and before you know it, it's time to go back to school and if you do not push yourself in the summer, you will be all that much behind this fall. Preparation is the key.

I am happy to see that many of our cadets are planning on attending Basic Encampment this year. Have fun, learn and enjoy it; it will prepare you for your CAP career. Make us all proud by graduating and bringing back tales of your adventures. This is your first major step to becoming a CAP cadet and advancing beyond your present aspirations, and this will open many more doors for you to pass through to a more adventurous existence.

I certainly hope that we will see you and your families at Friends and Family Night, we hope to have several promotions to present then and we have a couple of Special Awards to hand out as well. This is a good time to relax, eat, and have your family be there and watch you and be proud of you. See you June 18th.

"SEMPER OPTIMUS"

Major Kevin L. Barstow, Sr.

Commander

NER NJ-009



Happenings

Upcoming Events

June 18 - Family and Friends

June 19-20 - GTM3 Weekend

Birthdays

Capt Thomas Callahan III

C/ A1C James Loftus

SM James Romano

Anniversaries

2nd Lt Fred Boyle

Chaplain Joseph Coffey

SSgt William Gradwell

2nd Lt Victor Hartley III

2nd Lt Evan Kooker

Welcome New Member!

C/ AB Patrick Vendetta

From the Chaplain

Summer has started and the sky is calling us to go fly the MT-7 235 Maule or gliders! Pre-flight has a check-list. You use it with what you learned in Moral Leadership class; even if the instructor double checks it with you. You have integrity! Your attitude of integrity and honesty grows every time you practice it, even when nobody is there to see your action or non-action. This June in all our training missions and flights let's look at the way the lessons we practice in Civil Air Patrol impact our lives at home even when nobody is around to see us. How do you see your own integrity helping others take the high moral ground instead of a short cut or dishonest road? Why not invite another friend to join CAP and find a way to spend some time having fun flying high with integrity - as they practice a healthy ethical life – they will built an attitude that will serve them and others for years to come.

LtCol Miles Barrett

**Moral Leadership and Character
Development Officer, NJ-009**

Cadet Program

Cadets,

I will not get off of m Encampment "Soapbox" until registration is closed. This leads right into this month's topic: Encampment Registration.

Registration is now open for Basic Encampment. To register, please visit the following website: <http://njwbe10rcls2010.eventbrite.com/>. Right now there are only 175 tickets remaining for basic cadets (any cadet attending for the first time). The cost for the Encampment is \$165.00 which is very cost effective. I hope you will take the time to apply for and go to this fun filled Basic Encampment.

**Captain Tony Simon, Deputy
Commander for Cadets**

NJ-009

Personnel & Administration

As a reminder, all forms that are submitted must be typed. The forms are available in MS Word format on the NHQ website. When printing a 2-sided form, print it on both sides of a single sheet of paper.

When submitting a completed form by email, scan the form and save it in the Adobe Acrobat (.pdf) format.

Professional Development

The CAP Senior Officer Course (AFIADL-13) administered by the USAF is no longer available. It has been replaced by the CAP Officer Basic Course administered by CAP NHQ. Enrollment information can be found on the CAP University website http://members.gocivilairpatrol.com/cap_university/officer_basic_course.cfm

This course is required for completion of Level II of the Professional Development Program. Any officer who has not completed the CAP Senior Officer Course (AFIADL-13) should sign up for this course.

Lt Col Richard A. Simon

DPA, DA, IT, PDO
NJ-009



Testing

I know that this is the end of the year and all cadets are busy with final tests, but please do not forget about CAP.

You need to test in order to promote, and you need to promote at least twice a year. You need at least the Curry in order to attend Basic Encampment. You need Encampment in order to receive the Mitchell Award, which is the equivalent of Eagle Scout in Boy Scouts.

Either 1st Lt Sandra Kooker or myself are at the meetings by 1800 hours for testing. Once again, if you are not able to be at the squadron at that time, we are able to make other arrangements for test taking if you just let us know.

I will be starting something new this month and will be listing all Cadets who have tested and passed for promotion. *Going back to April we would like to congratulate C/Clark for passing his Aerospace 4 Rocket module and thus far in May C/Vendetta for passing his Curry Achievement.* We still are lacking in the number of cadets who test and PASS. Lets pick up the pace.

As I am also the squadron assistant financial officer, I would like to gently remind all cadets that there is a \$1 per week dues. For seniors the dues are \$120 per year. Seniors may pay at least monthly, or for as many months as they would like at a time.

We do need to have a fundraiser. The idea of having a car wash sometime this summer has been raised, and I think it would be a fun time. What do you cadets think? We will need your full support on this- so lets hear your views concerning where and when to hold it.

SM Nancy Simon

Testing Officer & Assistant Financial Officer

NJ-009



Communications

Currently the NJWG is working very hard to have all squadrons and incident commander's radio equipment up to Air Force standards. A new mast will be installed once permission is given by the Lower Cape May Township. The location and frequencies are to be kept secret. I am working hard to make Group 225 and Cape May the top communicators.

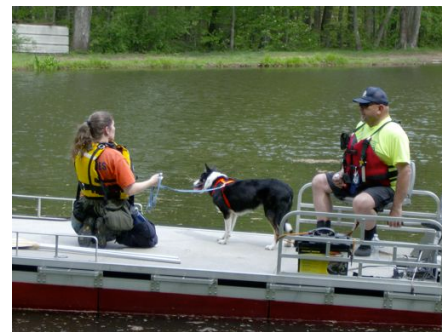
There is no option of failure because the chance of a natural disaster is too high. As you know recent advents in NY makes Group 221 subject to man-made disasters.

Capt Charles Rambo

Communications Officer, NJ-009

Riot's Squawk Box

Fun at PSARC SAR-EX 2010



1st Lt. Akeret and I attended the Pennsylvania Search & Rescue Council SAR-EX on Friday, April 30th through Sunday, May 2nd. This annual event held at Pinch Pond Campground, Manheim, PA started as a mock training weekend but has developed into a 4 day training opportunity with multiple workshops, skills stations, and seminars in all SAR disciplines. There was record attendance this year, exceeding 200 participants.

We arrived Friday evening, in time to pitch the tent before nightfall. Then we headed off to the Wilderness K9 Search Area for Night Problems. Of course I found my subject within a minute (yeah- I'm that good!).

Saturday we attended the K9 Water Search Class. This was my first experience searching for human remains from a boat. It was a little confusing....I kept hitting scent in the air, but the boat kept moving around. And then a family of Canadian Geese along the shore line caught my attention. Well, my second try out on the boat was a bit better, as I figured out the scent source was overboard. I also got to find some remains along the creek line. That was

fun because I got to cool off in the creek and do the search with my feet on the ground as usual.

Saturday night my handler attended the PSARC

meeting....boring time in the truck for me. Then we got to spend some time around the campfire with our friends from West Jersey K9 SAR.



Sunday my handler attended the Canine Aggression Management class. Although I think they should have a Human Aggression Management class instead. We canines resolve our differences quickly; it's the humans that hold grudges! 1st Lt. Akeret said that she did learn a lot about canine behavior, even though she doesn't have any aggression concerns with me.

We were back on the road Sunday afternoon. I can't wait to see what other training opportunities she has lined up for this year. And I look forward to coming back to PSARC SAR-EX next spring!

1st Lt Diana Akeret & Riot

**Assistant Emergency Services Officer
NJ-009**

Emergency Services

This month I would like to talk about something different than Emergency Services.

I would like to talk about Memorial Day! Memorial Day, which falls on the last Monday of May, commemorates the men and women who died while serving in the American military. Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe

Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. We in the Civil Air

Patrol are very fortunate to be able to participate in many of the area Memorial Day ceremonies. I would like to ask that all of you take a moment this Memorial Day and honor those men and women who have given the ultimate sacrifice. At this time, when our nation is at war we are too often reminded that many of our young men and women are making the ultimate sacrifice. So whether it is participating with the Civil Air Patrol at a local Memorial Day event or just taking a moment out of our lives to honor those who gave all. Let's be sure to honor those who help keep us safe and free.

2nd Lt Evan Kooker

Emergency Services Officer NJ-009



Health Services

If you give a cadet a good squeeze you'll come up with a handful of salts and a few gallons of water. We are mostly water and we can't survive very long without a daily healthy supply. In fact during World War II in the Pacific theater when blood and plasma were unavailable Navy surgeons successfully used direct sea water transfusions on seriously wounded patients.



With the camping and hiking season upon us, here are a few guidelines from the red cross for field water disinfection:

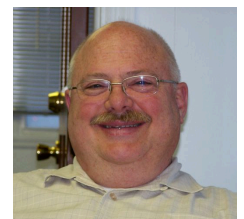
If a community or well water system with clean water is not available, it is important to find safe water or disinfect water for drinking, cooking, and brushing teeth. U.S. federal agencies and the Red Cross recommend these same four steps to disinfect drinking water in an emergency:

1. Use [bottled water](#) that has not been exposed to flood waters if it is available.
2. If you don't have [bottled water](#), you should boil water to make it safe. Boiling water will kill most types of disease-causing organisms that may be present. If the water is cloudy, filter it through clean cloths or allow it to settle, and draw off the clear water for boiling. Boil the water for one minute, let it cool, and store it in clean containers with covers.
3. If you can't boil water, you can disinfect it using household bleach. Bleach will kill some, but not all, types of disease-causing organisms that may be in the water (Chlorine and iodine may not be effective in controlling more resistant organisms like [Cryptosporidium](#)). If the water is cloudy, filter it through clean cloths or allow it to settle, and draw off the clear water for disinfection. Add 1/8 teaspoon (or 8 drops) of regular, unscented, liquid household bleach for each gallon of water, stir it well, and let it stand for 30 minutes before you use it. Store disinfected water in clean containers with covers.

4. If you have a [well that has been flooded](#), the water should be tested and disinfected after flood waters recede. If you suspect that your well may be contaminated, contact your local or state health department for specific advice.

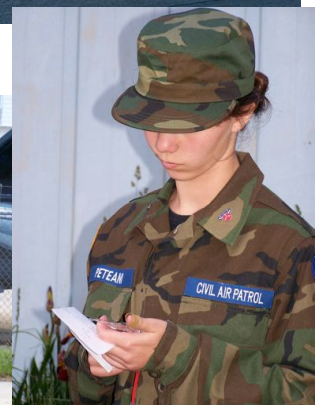
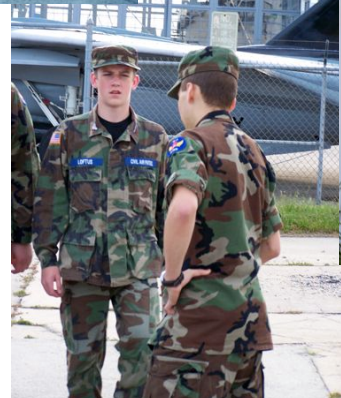
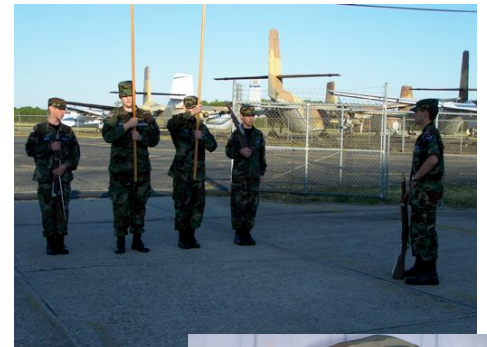
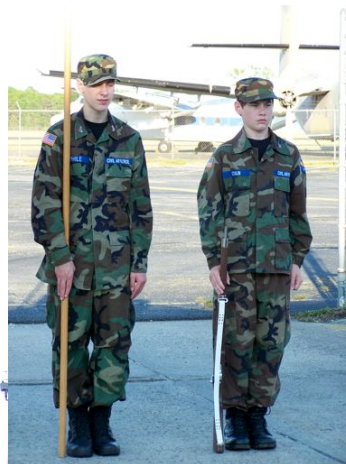
**Major Richard
Fellows**

**Health Services
Officer NJ-009**



Cape May County Composite Squadron Activities

Over the past month or so, the cadets have been busy with color guard and honor guard rifle drill practice under the supervision of C/CMSgt Dylan Rutherford. Cadet Rutherford has proven to be an excellent instructor, and all cadets are learning new skills and progressing nicely. In addition, Emergency Services night brought a new challenge that most of the new cadets have not seen: a compass course courtesy of Maj Barstow. Any training with Maj Barstow is always rewarding, challenging, and a learning experience for all (senior members included)! After ensuring all cadets knew how to correctly read a compass, Maj Barstow and C/CMSgt Craig Coughlin assisted cadets in the proper way to measure their pace count-an essential skill for navigating a compass course. Next, cadets broke into groups and took on the compass course. All cadets successfully completed the course, making it back to the squadron after dark, in time for squadron debrief and a well-earned snack.



From the Cadets

I am looking forward to the upcoming activities that we will be doing. Hopefully I can attend them. Right now it's a little "iffy" so.... I have had trouble thinking of something to write for this newsletter so this is why it is not as long as it is normally. See everyone soon.

**C/Amn Madison
Peteani**

State testing is finally over! School is winding down, the temperature is going up and summer is coming. I'm hoping to have a lot of fun with CAP this summer between meetings, O-Flights, and Encampment. I can't wait!

**C/Amn Benjamin
Conlin**

We have been practicing drill for color guard before the past few meetings. I am carrying the squadron flag for the parade and VFW ceremony coming up. I am excited for this because it's been months since we have done an outside activity. Outside activities are a great way to show what Civil Air Patrol is

about and is good for recruiting. I enjoy it when our squadron goes out, has fun, and utilizes what we have learned.

C/A1C Dylan Rhile



Cadet Staff

The past few weeks of Civil air Patrol have been great. As the weeks move on I gradually progress toward my requirements for my next promotion. In a week our squadron is sending a color guard for a VFW ceremony. So far the color guard practices have been going very well and the cadets are learning a lot about drill and ceremonies. As for the cadets who are not in the color guard, they worked on honor guard rifle drill movements. I am very pleased with the outcome of "our all drill" meeting we had the other night. Hopefully more of those nights will occur more often.

C/CMSgt Dylan Rutherford

I hope everyone is excited to get their ICS courses completed so that they can participate in the upcoming SAREX and GTM 3 school. Summer is upon us, and this is the time when all SAR events in Civil Air Patrol begin to pick up. It will be an honor to work along side my own squadron members as we work to solve problems out in the field and practice to save lives, but that can only happen if you make it happen.

C/CMSgt Craig Coughlin

Major Barstow congratulates 1st Lt Edward Wuerker for receiving a Commanders Commendation from NJ Wing for his tireless efforts as a glider tow-pilot during the glider encampment.



Public Affairs

Attention Cadets, Senior Members, and squadron friends:

Family and Friends night is coming quickly- June 18th. I hope everyone will be able to attend. Family and Friends is a nice night to enjoy the company of the squadron and our family and friends. We have a potluck dinner and dessert, and take time to recognize the achievements of our members over the past year. Please save the date on your calendar! I am coordinating food and refreshments via email, so please let me know what you would like to bring. We need main dish items, sides, desserts, and drinks. *Hope to see you there!*

**1st Lt Sandra Kooker
Public Affairs Officer
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